

Alternative Health

With Independence Blue Cross, you can take advantage of a variety of wellness products and services:

- Receive up to **30% discounts** on massage therapy, acupuncture and nutritional counseling
- Receive up to **40% discounts** on more than 2,400 health wellness products with free shipping



Register by calling **1-800-ASK-BLUE**
or go to **www.ibx.com**

QUESTIONS ABOUT YOUR HEALTH PLAN?

Call Member Services at the phone number on your ID card, or visit www.ibx.com



**Independence
Blue Cross**