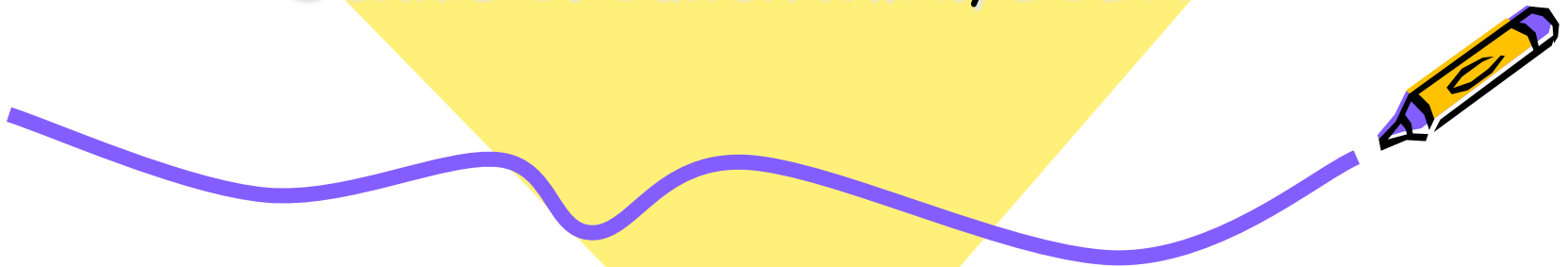




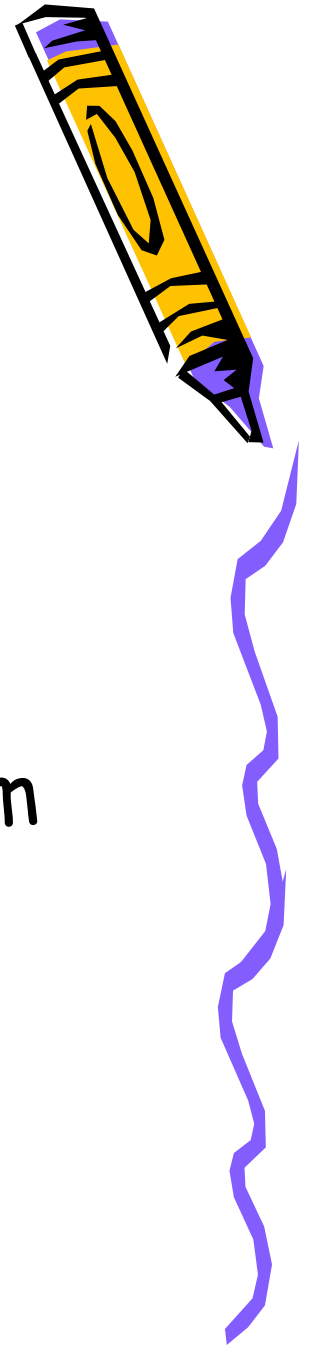
# Behavior Management Strategies for Home and Community

Dennis C. Cullen M.A., BCBA

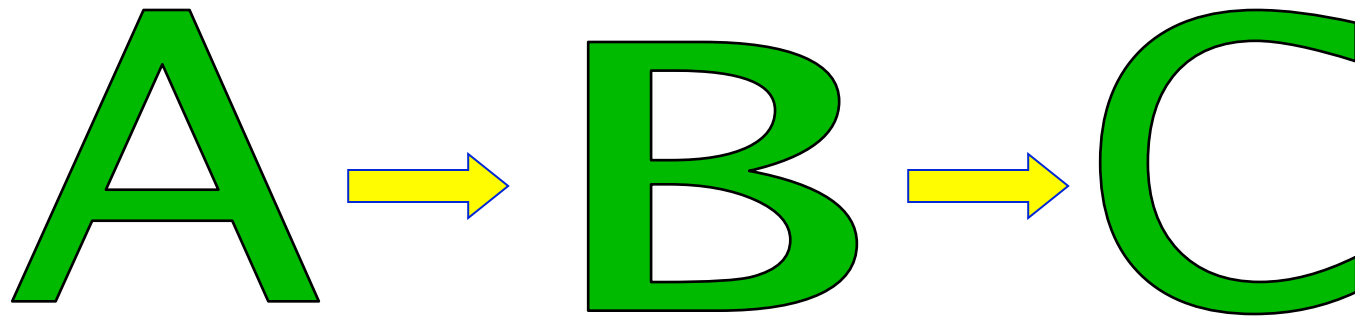


# Intended Learning Outcomes

- Identify A-B-C' s of Behavior
- Identify Functions of Behaviors
- Identify Socially Appropriate Replacement Behaviors for Problem Behaviors

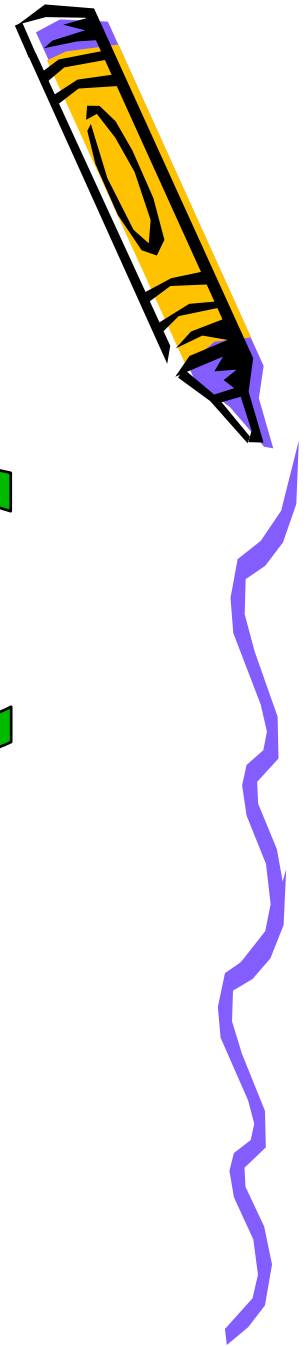


# Basic Behavioral Principles



Antecedent  
Consequence  
(Stimulus)  
(Feedback)

Behavior  
(Response)



# Basic Behavior Terms

## **A**ntecedent

what occurs before a behavior

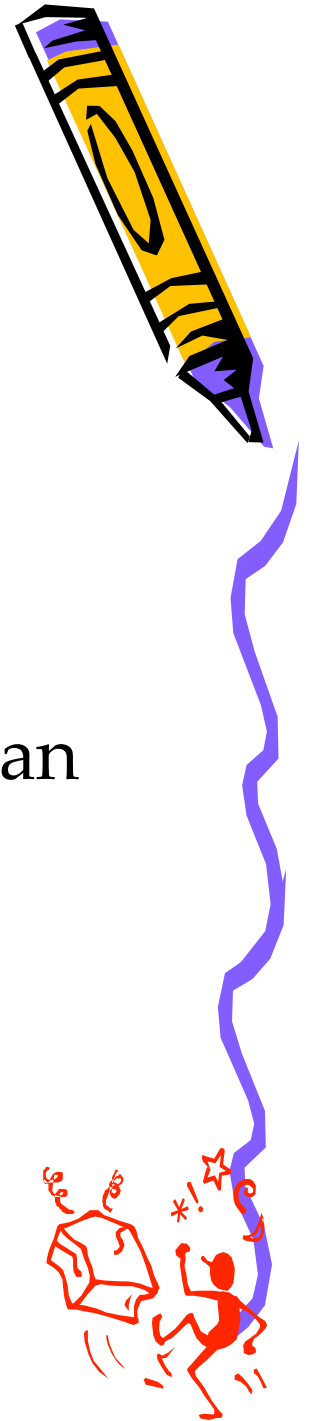
## **B**ehavior

an observable and measurable act of an individual

## **C**onsequence

any event that follows a behavior

*Reinforcement*      *Punishment*



# BEHAVIOR



**Form** - the way a behavior looks, what we observe,  
a description of the behavior

**Function** - the purpose that the behavior serves

- a. to get something
- b. to avoid, delay, or escape something



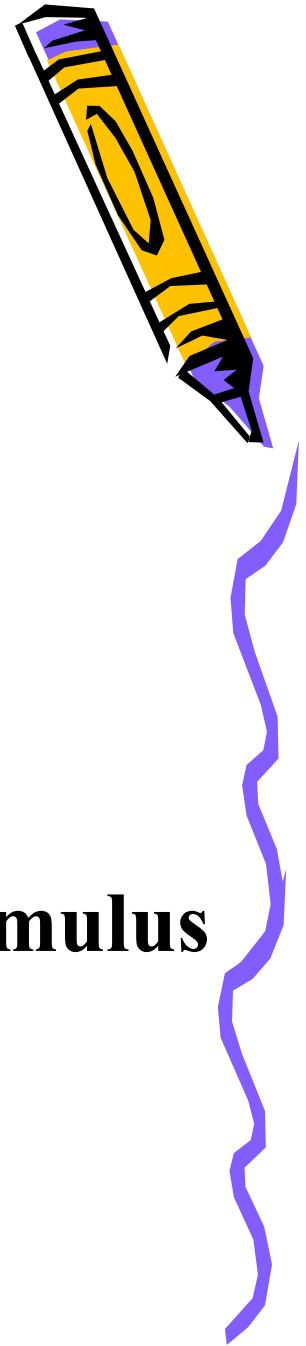
# Functions of Behavior

## To get:

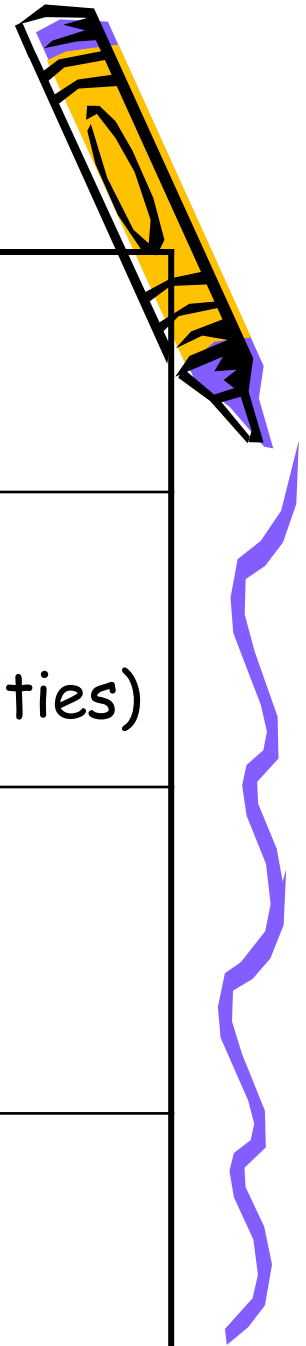
- attention
- activities
- objects
- sensory stimulus

## To escape:

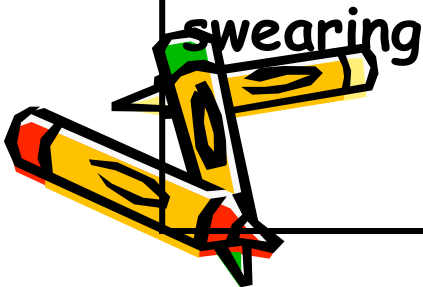
- attention
- activities
- objects
- sensory stimulus



# Possible Functions

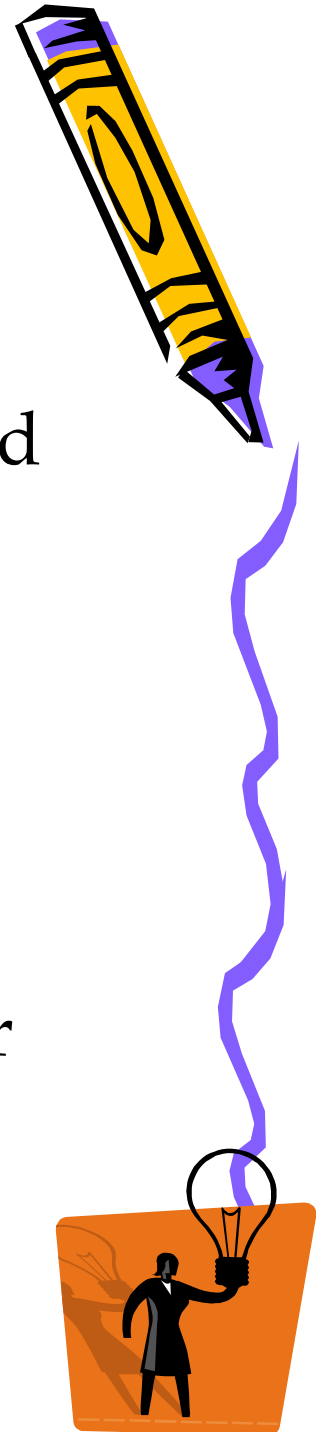


BEHAVIOR	POSSIBLE FUNCTION
yelling	<ul style="list-style-type: none"><li>•Escape math worksheet</li><li>•Gain attention</li><li>•Escape gym class (motor activities)</li></ul>
hitting	<ul style="list-style-type: none"><li>•Gain access to desirable item (specific chair)</li><li>•Gain sensory stimulation</li><li>•Escape handwriting activity</li></ul>
swearing	<ul style="list-style-type: none"><li>•Avoid peer interactions</li><li>•Gain attention from adults</li><li>•Escape demands (academic)</li></ul>



# Replacement Behavior

- The FUNCTIONALLY EQUIVALENT and SOCIALLY ACCEPTABLE behavior that replaces the problem behavior
- Must know the FUNCTION of problem behavior
- Must TEACH Replacement Behavior
- Must REINFORCE Replacement Behavior with SAME reinforcement as challenging behavior





# Replacement Behaviors

- Problem Behaviors
  - Frank cries when he can't open his milk carton.
  - Pedro, who is learning to tie his favorite Nikes, throws his shoes across the room

**Consider the function(s) of each of these problem behaviors. Develop socially acceptable replacement behaviors that serve the same function**



# Discussion

