



**Student Wellness Committee**  
**Wednesday, April 26, 2017**  
**2:00 p.m. to 3:30 p.m.**  
**The Anderson School**

**AGENDA**

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Members Present:

Samantha Bader	Health and Nutrition Coordinator
Sandy Edling	Assistant Director of Business Services
Carly Weist	Health and Wellness Assistant
Sherri Becker	MCIU Board Member, Wissahickon School District
Cecilia Quenzer	School Nurse, Anderson School
Georgine Fronczak	Program Administrator, Anderson School
Daniel Deegan	Health and Physical Educator
Judy Colihan	Emotional Support Teacher
Bridget McGuigan	School Nurse, Early Learning Academy
Lois Robinson	Director of Student Services

Members Absent:

Joshua Steff	School Counselor, Office of Non-Public Services
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The meeting was called to order by Committee Chair, Samantha Bader, at 2:09 pm.

Approval of previous meeting minutes

It was moved by Daniel Deegan and seconded by Sherri Becker, that the Student Wellness Committee approve the minutes of the March 1, 2016 meeting. Motion passed unanimously.

These approved minutes will be posted on the MCIU website for all to access.

Review of proposed MCIU Student Wellness Policy

Samantha reviewed the revised MCIU Student Wellness Policy, a copy of the policy was given to each committee member.

- It was discussed that we as a committee would address and establish our Student Wellness goals at our next meeting (Fall 2017), and decide what tools we would be using for data collection and regular assessments.
- The policy calls for a triennial assessment, but we will be assessing on an annual basis
- We further discussed Smart Snack food marketing and fundraiser
  - In order to incorporate this successfully in our classrooms we will use tools for food play, kitchens, healthy baskets of foods, posters, etc.

- As for the Head Start and Pre-K Counts classrooms, we plan to go through each of the classrooms this summer and pull out any foods that would not meet the requirement
- We began brainstorming ideas for non-food related fundraisers (i.e the dunk tank fundraiser at Anderson, staying away from bake sales, etc.)
- Smart Snack competitive food availability
  - Samantha reiterated that extra a la cart or vending machine items will have to meet Smart Snack standards during school hours (midnight of school day to one ½ hour after school ends)
  - A concern was expressed about graduation ceremonies including cake and items that may not meet the Smart Snack standards
    - It was decided that the cake for the graduation reception would be for adults and guests only and the celebration for students would occur after their lunch period so we would still be in compliance with the policy

### Approval of MCIU Student Wellness Policy

It was moved by Daniel Deegan and seconded by Paula Rice, that the MCIU Student Wellness Committee approve the minutes of the MCIU Student Wellness Policy. Motion passed unanimously.

This approved policy will be presented at the May 24, 2017 MCIU Board meeting to be approved by the MCIU Board at their June meeting.

### Next meeting topics

- Our next meeting will be sometime during Fall 2017- we plan to work on goals for the policy and establish the assessment
  - We will brainstorm how we are going to lend support to programs to help them meet the standards
  - Our two biggest obstacles will probably be the procedures regarding rewards/incentives and fundraising, so we should start thinking of ideas now to problem solve this for next school year
    - Action for Healthy Kids has great resources for parents, webinars, PowerPoints for incentives that are not food items that could help with these possible obstacles in classrooms
    - Ideas such as iTunes gift cards, dunk tank, etc. were mentioned. We should think of items that our kids will actually want, but still within our means
    - Non-food fundraising ideas like a Walk-a-Thon, Race for Education, Jump Rope for Heart were mentioned

### Next Meeting

- Our next meeting will be in Fall 2017, Samantha will reach out with the exact date of the meeting at a later time.

Meet adjourned at 2:40 pm.